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A RANDOMIZED PHASE II STUDY COMPARING AMINOGLUTE-
THIMIDE vs. TRILOSTANE vs. MPA vs. HYDROCORTISONE:
AN E.O.R.T.C. STUDY.
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Sylvester and N.Rotmensz.
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It is of clinical importance to evaluate the rela-
tive efficacy and toxicity of the various possibi-
lities for second-line endocrine therapy of post-
menopausal patients with advanced breast cancer.
From Oct.83 to Nov.85 191 patients were randomized
to AG+H: aminoglutethimide (1000 mg) and hydrocor-
tisone (40 mg) vs. MPA: medroxyprogesteroneacetate
(300 mg) vs. T+H: trilostane (960 mg) and hydrocor-
tisone (40 mg) vs. H: hydrocortisone (40 mg). So
far 134 patients have been assessed and found to
fulfill the eligibility criteria: Postmenopausal
status; \geq 75 yrs. of age; measurable and/or evalu-
able disease (UICC); ER positive or unknown tu-
mours; performance status \leq 3; one prior course of
endocrine therapy except those used in this study.
The response to treatment until now has been deter-
mined for 102 fully evaluable pts. and was the fol-
lowing for the AG+H (N=27), the T+H (N=23), the
MPA (N=27), and the H (N=25) groups, respectively:
PD: 67, 78, 63, and 80%; NC: 19, 22, 37, and 16%;
PR: 15, 0, 0, and 4%. (P=0.07). The median values
for time to progression were 3.5, 3.2, 2.8, and
2.8 months in each of the 4 groups. Side effects
were more pronounced in the T+H treated group of
pts., the most common of them being nausea and
diarrhea.

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STEROID RECEPTORS AND ANTISTEROIDAL AGENTS IN THE TREATMENT OF (HUMAN) PANCREATIC CARCINOMA

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Highly specific, high affinity, oestrogen binding has been
detected in nuclear and cytosolic fractions of 8 out of 9
samples of pancreatic carcinoma tissue, but not in normal
pancreatic tissue. The binding characteristics were
similar to those found in classical sites of oestrogen
action such as breast and uterus. The sex hormone meta-
bolising enzymes, aromatase and 5 reductase were also
found in pancreatic tumour tissue with activities of the
same order as those found in uterus and prostate respec-
tively. This led to an investigation of the effects of
hormone manipulation on the growth of human pancreatic
carcinoma xenografts in nude mice. Three pancreatic
tumour lines, of varying degrees of differentiation and
growth rate, each having demonstrable cytosolic oestrogen
receptors and high activities of aromatase and 5
reductase were used. The experiments showed that the
anti-androgen cyproterone acetate significantly reduced
the rate of growth when compared to untreated animals.
The anti-oestrogenic agent, tamoxifen was ineffective
but the xenografts, unlike tumours in the human, did not
contain the nuclear oestrogen receptor. We are currently
undertaking a randomised prospective controlled trial
of hormonal manipulation in patients with pancreatic
carcinoma. To date 112 patients have been entered and
randomised to receive either tamoxifen (20 mg b.d.) or
cyproterone acetate (100 mg t.d.s.) or supportive treat-
ment only.

AMINOGLUTEHIMIDE IN THE TREATMENT OF PROSTATIC CARCINOMA:

A REVIEW

Mr. M.R.G. Robinson

Aminoglutethimide was initially used in the 1960's as an
anticonvulsant until it was withdrawn because of severe
endocrine disturbances, including adrenal suppression.
It inhibits the adrenal production of Aldosterone,
Cortisol and Androgens. It has been suggested that this
suppression of the adrenal gland by Aminoglutethimide may
be beneficial as a "medical adrenalectomy", in the manage-
ment of metastatic carcinoma of the prostate which has
relapsed on conventional hormone therapy. Several studies
have reported subjective and objective responses. This
paper reviews the published results and evaluates the role
of Aminoglutethimide in the management of prostatic cancer.